



Update from the Consortium of Lancashire & Cumbria LMCs

Tuesday 13th January 2026

Help Us Grow Our Audience

We understand that you are busy and are likely to receive many emails on a daily basis. However it is important for you to receive communications from us because **we can help and support you**. We know there are many colleagues who do not receive our brieflet, so please help us by sharing this with your team and letting us know to add them to our distribution lists.

MGUS Monitoring (Lancashire & South Cumbria Only)

[Please find attached a letter](#) sent to Dr Andy Knox from the Chairs and Vice Chairs of the Lancashire and South Cumbria LMCs.

The letter clearly outlines the LMC position on MGUS monitoring in advance of the Clinical Assembly scheduled to take place this week to discuss this matter. LMC representatives will be in attendance at the meeting.

LMC HR Hints & Tips: Sexual Harassment in the Workplace Webinar – Wednesday 21st January 2026

As part of our HR Hints and Tips series, the LMC HR Training Service is hosting a focused 30 minute webinar on sexual harassment in the workplace.

The details are below:

- Date: Wednesday 21st January 2026
- Time: 1:00pm - 1:30pm
- £35 per person to attend
- Online via Microsoft Teams

The shorter sessions are designed to provide timely support around upcoming changes in employment law helping you stay informed without needing to commit to longer training events.

To book a place, please contact [Rebecca Noble](#).

Power in numbers: uniting sessional GPs for change

3 Feb 2026, 7–8.30pm

This is the second event in the BMA national engagement series created to bring sessional GPs together, amplify your experiences, and ensure your voice drives the BMA's work on your behalf.

This event is all about what the BMA can do to act on your behalf, and the rights you hold as a sessional GP. [Register your place >](#)





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UKHSA guidance on consent for vaccination and HCSW roles

Following last week's update, we would like to remind practices of the [UKHSA guidance on consent processes](#) and [the role of non-registered healthcare professionals in vaccination delivery](#). This guidance was issued in response to concerns arising from the updated National Minimum Standards for Immunisation Training and the uncertainty this created, particularly around the involvement of HCAs in vaccination clinics.

In addition, we are sharing [NHS England operational guidance on the role of Healthcare Support Workers \(HCSWs\) in vaccination programmes](#). This document provides practical clarity on:

- what HCSWs may and may not do in vaccination settings
- requirements around delegation, supervision and accountability
- training, competency and governance expectations
- the use of Patient Specific Directions (PSDs)

BMA GPC continue to raise concerns and discuss this issue with UKHSA and other relevant bodies to seek more comprehensive national guidance. The LMC has also been engaging with the ICB, and clarification is being sought from the CQC regarding interpretation and inspection implications.

Practices are encouraged to review these documents to ensure local vaccination arrangements remain safe, compliant and appropriately governed.

Survey on sessional GP unemployment

The sessional GPs committee conducted a survey to capture the full scope of GP underemployment and unemployment across the UK. The findings confirm the severity of the issue:

- 56% of GPs want to work more hours in the NHS but cannot find suitable opportunities
- 15% of respondents are unable to find any GP work at all
- 60% of GPs reported a decline in pay rates for GP work over the past year
- 69% reported experiencing stress or anxiety due to un- or underemployment, with many also facing financial hardship
- one in five (21%) are making definite plans to leave the profession
- nearly half (47%) are considering alternative career paths.

These findings highlight the urgent need for action to address the GP workforce crisis. The insights from this and previous surveys will continue to be instrumental in shaping BMA work, strengthening lobbying efforts and pushing for policy changes.



LMC OCCUPATIONAL HEALTH SERVICE

The LMC offers an Occupational Health Service designed to support General Practice and their employees.

WHAT WE OFFER

- ✓ Absence Medicals/ Absence Management Referrals – £300
- ✓ Ill Health Retirement Reports – approx. £600–£700*
*(subject to case review)

WHY CHOOSE US

Services delivered by experienced GPs with occupational health expertise.

- ✓ Confidential
- ✓ No referral threshold
- ✓ Quick turn around
- ✓ Accessible & Local

SERVICE LOCATIONS

- Castle Medical Group, Clitheroe
- Garstang Medical Practice, Preston
- Site visits for bulk requests can be arranged.
- Video consultations will also be considered.



CONTACT



- ✉ mariah.desylva@nwlmc.org
- 🌐 nwlmc.org/support/lmc-occupational-health-service

LMC MEDIATION SUPPORT SERVICE

Conflict happens in pressured environments - our mediation service supports GP Partners to have constructive conversations and find workable solutions.

What the Service Offers

- ✓ Neutral mediation
- ✓ Confidential without prejudice
- ✓ Helps rebuild working relationships
- ✓ Prevents escalation to formal processes



Interested or want to find out more?

✉ enquiries@nwlmcs.org

☎ 01772 863806

🌐 <https://nwlmcs.org/support/lmc-mediation-support-service>

